

## NEWSLETTER NO. 13 SUMMER 2017

Improving the health and wellbeing of people over 50 in the North of Halifax



## UNAVOIDABLE CLOSURE OF SOME ACTIVITIES DURING AUGUST:

NO CRAFTY CLUB ON WEDNESDAY, 16TH AUGUST;
NO PILATES CLASSES AND NO ART CLASS ON THURSDAY, 17TH AUGUST.
THE REASON FOR THIS IS THE CHURCH IS RUNNING A 'HOLIDAY AT HOME' SCHEME.

ALSO PLEASE NOTE THAT THERE WILL BE NO KEEP FIT CLASS ON TUESDAY, 22ND AUGUST AND NO PILATES CLASSES ON THURSDAY, 24TH AUGUST AS OUR TUTOR IS ON HOLIDAY. BACK TO NORMAL THE FOLLOWING WEEK.

The LA Group's Annual General Meeting will be held this year on **Tuesday**, **19th Sept. at 2 pm.** Your Committee hope that you will be able to attend in support of the work they do around the year to keep your activities running smoothly. Sorry that there will be no Line Dancing on that date.

Our Committee have worked together very well this year and the nine of them are willing to stand again for another year but we do have one vacancy to replace Sheila Hilson who sadly died earlier this year, having worked to get us through the intricacies of Safeguarding. Please give some serious thought as to weather you could join the Committee. Nomination forms are available at activities during the next few weeks. We only meet once a month on the first Thursday of the month and meetings usually last just over an hour.

As the general business of the AGM is normally over in about 20 minutes we have arranged for two of the Trustees of the Illingworth Gaol project to give a short talk about how the project is progressing.

Following that there will be cream cakes and tea/coffee and the Art Class and Crafty Club will be providing items for a display of their talents.

**Tuesday, 14th November** is the date for the second talk by West Yorkshire Trading Standards SAFER Group on '**Doorstep Crimes**' starting at 3.15 pm, following Line Dancing. The first talk was so good that those attending requested that the speaker be booked for her follow up talk.

How to find out what is going on in the LA Group:
Our website: www.illingworthandbradshaw.btck.co.uk
Facebook: Illingworth & Bradshaw Local Activities Group
Email us at: lagroup50@hotmail.co.uk or to speak to the
Secretary ring Halifax 249070

Amazingly this year is moving very quickly and you will remember in the Spring Newsletter we gave you the date of our 2017 **Christmas Celebrations** which again is in the Marquee at The Moorlands and is on

## Wednesday, 20th December

arrival from 5 pm to eat at 5.30 pm. This time we are having a DJ who will play the sort of music we ask him to play.

PLEASE BOOK THIS DATE IN YOUR DIARY and think about inviting friends to come along with you and make a night of it.

At the moment we have 140 members in the LA Group so there should be no problem in filling the marquee but we do need our members to promote it amongst friends. and bring them along to make it a really good night.

It has been suggested that the LA Group might organise a trip to the THURSFORD Christmas

Spectacular. Several coach companies take trips and we have looked at Cairngorm and Omega Travel. They stay overnight in the Norfolk area which makes it more expensive - in the region of £150 in total. Thursford Christmas Spectacular is advertised as 'The hottest Christmas show in Europe, with a cast of a hundred, an audience of thousands and a budget of millions.' If we were to organise a trip it would be for November/
December 2018 as it is pretty well booked up for this year. We need some feedback from people as to what interest there is in such an undertaking.

Please get in touch if interested.