



NEWSLETTER FOR MEMBERS
NO. 14 SPRING 2018
Improving the health and wellbeing of people over 50 in the North of Halifax



Why not look on the LA Group's website - www.illingworthandbradshaw.btck.co.uk
The website is updated frequently so if you want to keep up to date with the LA Group there is no better place to look.
Why not join our Facebook page—Illingworth & Bradshaw Local Activities Group
To contact us our email address is lagroup50@hotmail.co.uk or to speak to the Secretary ring Halifax 249070.

All activities run as normal over the Easter period with the exception of the ART CLASS which does not meet on Maundy Thursday, 29th March. Also the Art Class cannot meet on 3rd May when it is Local Elections. PILATES can run as normal in the Hall that day.

The Committee of the LA Group meet on the first Thursday afternoon every month at Illingworth Moor Methodist Church and meetings last between an hour and an hour and a half. If you would like to volunteer to join the Committee you would find that it is not such a dreadful commitment and you would be helping to run a successful group with a membership of 170.

One of the things the Committee seem to do very successfully is organise the annual Christmas Party and last December 137 people joined us in the Marquee at The Moorlands and thoroughly enjoyed the evening. One or two people missed where the raffle tickets were being sold but that was because we had moved away from the crowded entrance to nearer the front. We still managed to make nearly £200 but realised we could have sold more tickets had we been more visible. We have now booked the Marquee for this year's Christmas Party which will be on **Wednesday, 5th December (this was the nearest date to Christmas that we could get)** and the entertainment has been booked. Please put this date in your diary.

Membership falls due on the 1st April and again this year we have kept the price at £5 per member. Those of you with email addresses will be receiving this Newsletter and a Renewal Form and there will be forms to complete at all activities. **May I remind you that if you have had a change of home address, phone number or email address you should please make a note of it on the membership renewal form. Completed forms should be given to a Committee Member at any of our activities.**

For those of our members who are interested in **Crown Green Bowling** the season will start on Easter Monday, 2nd April at 10 am at Holmfield Bowling Club. Membership of Holmfield Bowling Club is necessary for you to join this section of our activities but once that membership is paid you are entitled to play on the green any time when there isn't a match being played. The LA Group Bowlers play together every Monday from 10 am to 12 noon as well as at other times.



For the first trip of this year the Committee have arranged to go to the Boundary Mill Stores at Colne by coach and then go on a canal trip from Foulridge for one and a half hours on the Leeds Liverpool Canal. We will be served tea/coffee and cream scones at some point on the canal trip. *(These refreshments are included in the price of the trip).* Boundary Mill, with five outlets across the UK, is one of the UK's largest mill store retailers offering quality womenswear, menswear and homeware.



The trip will be on **Friday, 18th May**. The coach will leave Illingworth Moor Methodist Church at **9 am**. If you wish you can leave cars in the Church car park. We should arrive at Boundary Mill about 10.15 am and you will have free time until 1.30 pm when we will join our coach and travel the two miles to Foulridge to board the boat at 2 pm for the cruise. We should be leaving Foulridge at approximately 3.45 pm for the journey home. The total cost for the coach and boat trip is £18.50. If you would like to go on this trip please complete the slip below and hand to the Committee representative at the activity you attend so that the booking form and money can be handed to **the LA Group Secretary, Irene Mulhall, as soon as possible to reserve your place. If you cannot attend for any reason it will be your responsibility to find someone to take your place. No money will be returned.**



Please reserve me a seat on the trip to Boundary Mills and the Canal Trip on Friday, 18th May 2018.

My name is: _____ *(please print)* I attend _____ (activity).

I enclose the sum of £18.50 which I understand is not returnable.
Please make cheques payable to the **'LA Group'**