



LA Group

Local Activities Group in
Illingworth and Bradshaw

Newsletter No. 9 - Autumn 2015
Improving the health and wellbeing of people
over 50 in Calderdale

Please note there will be no activities during the weeks 21st & 28th December 2015.
Back to normal on Tuesday, 5th January 2016.

We were very pleased to welcome The Mayor of Calderdale, Councillor Lisa Lambert, and her Consort, Ken Lambert, as our guests at our Annual General Meeting held on 22nd September.



Christmas Celebrations

Details are now circulating at each activity for you to book to attend our Christmas Celebrations at The Marquee at The Moorlands, Ogden, on Wednesday, 2nd December at 5 pm for 5.30 pm. The band "Silhouette" have been booked for dancing and there will be a raffle. We need to have 120 + people at this event and so we do encourage you to bring all your friends along and make this event a very memorable start to the Christmas season.



Hello, all fellow members!

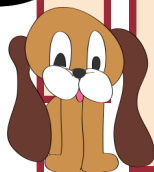
Hope you are enjoying this last fling of an Indian summer? It was great to see so many of you at the recent AGM, it is good to know that the Committee's efforts are appreciated, and by showing your support, you reinforce this.

The Crown Green Bowlers will have finished their season by the time you are reading this, hope you all enjoyed your fish and chips, and that you find an activity to fill the winter months.

You will be very welcome at any of the other weekly activities and there's a new activity for some of you to try. **Why not join me for a local walk, lasting about an hour to an hour and a half, around our area, leaving from Illingworth Moor Methodist Church on Tuesday, 6th October at 2 o'clock. You will need to wear sturdy footwear, trainers or boots, and be prepared for any weather, well behaved dogs on leads will be welcome. If this proves popular, then it might be repeated on the first Tuesday of every month.**

Hope to see some of you on the walk.

Regards, *Jean Butler*



Your Committee for the year 2015 / 2016 is made up of: Chair: Jean Butler; Treasurer: Rita Parkin; Secretary: Irene Mulhall; Membership Secretary: Rose Grant. Committee Members: Jan Hancock, Anne Lees, Sue Merriman, Brian Sinnett & Joan Taylor. We welcome new Committee member Jan Hancock and thank retiring members Sylvia Drake and Gordon Heron for all their work. There is still a vacancy for another person to join the Committee. **For new members joining between 1st October 2015 and 31st March 2016 the membership fee is reduced to £3.**

Autumn already ?

The trees are dappled with autumnal shades,

The nights are longer, so we have shorter days.

This year the weeks have gone so fast,

Summer days and bowling are a thing of the past.

But still there are plenty of things to do,

All our usual groups, with pilates too.

Another new group will be available soon,

A monthly brisk walk, on a Tuesday afternoon.

The LA committee strives to do its best,

But we need your support to be a success.

Up to now we've had a wonderful year,

All too soon we'll be filled with festive cheer!!!!

What a thought, hope to see you at the Moorlands

for our "Christmas do".

Joan Taylor

For updated information on the LA Group why not look on our Website:

www.illingworthandbradshaw.btck.co.uk

Facebook: Illingworth & Bradshaw Local Activities Group

Our email address is - lagroup50@hotmail.co.uk

To speak to the Secretary ring 01422 249070