



SPRING 2019 NEWSLETTER NO. 17

RENEWAL OF MEMBERSHIP AND HEALTH QUESTIONNAIRE

The Committee of the Local Activities Group is pleased to invite you to renew your membership for the year from 1st April 2019 until 31st March 2020. The cost of membership remains at £5. You will find the **Renewal Form** being circulated along with this **Newsletter** and the revised **Health Questionnaire**. Paper copies of the forms will be available at all our activities. We would like to stress that the Health Questionnaire is kept securely and your information will only be used in case of emergency. We need you to complete both forms and return them with your membership fee when you attend activities in the next few weeks. Our Membership Secretary will then make sure that you receive your Membership Card.

HOLMFIELD BOWLING CLUB

The Crown Green Bowling season starts again on Monday, 1st April and runs to the end of September. Many of our LA Group members have joined Holmfield Bowling Club at an annual cost of £25 and this entitles them to play on the bowling green at times when there are no matches, but they also enjoy meeting up at the Bowling Green on Monday mornings at 10 am for two hours. There is a charge of £1 which covers refreshments and the LA Group have spare sets of woods should you wish to come along and give crown green bowling a try. As always, at any of the LA Group's activities, you will be made very welcome.



FIRST SESSION FREE AT EVERY ACTIVITY

The Committee is pleased to say that from the 1st April all people attending any of our groups for the first time will have a free session. The only groups who this hasn't applied to recently have been the Pilates classes but now that they are established and financially viable we are able to offer the first session free to new comers.

CHRISTMAS PARTY 2019 - A DATE FOR YOUR DIARY

Please make a note of the date of our Christmas Party in the Marquee at The Moorlands at Ogden. This year it will be held on **Thursday, 5th December** when we have booked Rob Mason to entertain us with Northern Humour and Song and there will be music for dancing. The timing will be the same as in previous years when we arrive for 5 pm and sit down for our meal at 5.30 pm.

FOR YOUR ENJOYMENT DURING 2019 YOUR COMMITTEE ARE ARRANGING TWO DAY TRIPS

One is to a horse race meeting and the other to Matlock Bath, Derbyshire to visit Sir Richard Arkwright's Masson Mill which is a water-powered cotton spinning mill situated on the west bank of the River Derwent. This mill, which was built in 1783, forms part of the Derwent Valley Mills and is a World Heritage Site. We will be able to have a guided tour for an hour and there is a restaurant which seats 150 people, various cafes and a village outlet with 60 shops. For those wishing to further their interest in the Arkwright Mills there is the first of his mills (Cromford Mill) which is a UNESCO Site and it is only a short walk from Masson Mill and this would be a nice walk for those not interested in the 60 shops!

At the moment we are waiting for Illingworth Moor Methodist Church to give us the dates of the 'Holiday at Home' which they run in the summer and which makes it so we cannot use the Church building for two days. The Committee think it would be a good idea to have one of our trips when we have this enforced closure of classes. Full details will be available shortly.

The Local Activities (LA) Group in Illingworth and Bradshaw was formed in 2011 specifically to improve the health and wellbeing of people **over 50** in this area of Halifax.

Do you look on the LA Group's website?

The website is updated regularly so if you want to keep up to date with the LA Group there is no better place to look than our website which is www.illingworthandbradshaw.btck.co.uk and our email address is LAGroup50@hotmail.co.uk

Also you can see us on our Facebook page which is: **Illingworth & Bradshaw Local Activities Group**

If you need any more information please ring the Secretary, Irene Mulhall, on Halifax 249070