

The following activities run each week:

**MONDAYS**

**AT HOLMFIELD BOWLING CLUB, BEECHWOOD PARK, HOLMFIELD  
CROWN GREEN BOWLING from 10 am to 12 noon £1 (April to end of Sept.)**

*Membership of Holmfield Bowling Club £20 per year*

*Playing for fun but learning at the same time*

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**ALL THE FOLLOWING ACTIVITIES ARE HELD AT**

**ILLINGWORTH MOOR METHODIST CHURCH**

**TUESDAYS**

**KEEP FIT** from 10 am to 11 am £3.00

*Not too hard, but not too easy!*

*This is a fun aerobic exercise class to get you fit and keep you healthy*

**NEW AGE KURLING** from 11.15 am – 12.15 pm £2.00

*Both the above activities are suitable for a range of abilities*

**LINE DANCING** from 2 pm – 3 pm £3.00

**(not on the first Tuesday in the month)**

**WEDNESDAYS**

**CRAFTY CLUB** from 10.15 am – 12.15 pm £2.00

*Join the friendly group for knitting, card making and other crafts  
(some materials provided) plus hand massage or just a brew and a natter*

**THURSDAYS**

**INTERMEDIATE PILATES CLASS** from 9.45 am – 10.45 am £3.00

**NEW BEGINNERS PILATES CLASS** from 11 am - 12 noon £3.00

*To improve core stability and strength*

**ART CLASS** from 10.00 am – 12 noon £5.00

*Professional Tutor. Suitable for all levels – beginners are welcome.  
Some materials provided.*



**Improving the health & wellbeing of people over 50 in Calderdale**

[www.illingworthandbradshaw.btck.co.uk](http://www.illingworthandbradshaw.btck.co.uk)

Email address: [LAGroup50@hotmail.co.uk](mailto:LAGroup50@hotmail.co.uk)

Facebook: Illingworth & Bradshaw Local Activities Group

**You are invited to attend the  
7<sup>th</sup> Annual General Meeting of the LA Group to be  
held on Tuesday, 18th September 2018  
at **3.15 pm** at Illingworth Moor Methodist Church**

**A G E N D A**

1. Welcome by Chair - Anne Lees
2. Apologies for absence
3. Minutes of the 6th AGM held on 19<sup>th</sup> Sept. 2017 (*overleaf*)
4. Secretary's Report - Irene Mulhall
5. Treasurer's Report - Rita Parkin
6. Election of Committee Members
7. Any other business
8. Date of next Annual General Meeting - Tues. 26<sup>th</sup> Sept. **2019**

*Following the business meeting there will be a talk by  
Pat & Philip Moran (Members) on their work with Guide Dogs.*

*Tea/coffee and cream cakes will be served after the meeting and there  
will be an opportunity to view a display of work done by the  
Art Class and the Crafty Club*

**Please bring this document with you to the AGM**

**\*\*\* NEW MEMBERS ALWAYS WELCOME AT ANY OF THE ACTIVITIES \*\*\***

**ILLINGWORTH AND BRADSHAW L.A. GROUP  
MINUTES OF THE SIXTH ANNUAL GENERAL MEETING**

**Meeting held at 2 pm on 19<sup>th</sup> September 2017 at Illingworth Moor Methodist Church**

Chaired by Anne Lees

Minutes taken by Irene Mulhall

**Members and Guests Attending:** There were 36 members plus 3 invited guests attending.

**1. WELCOME BY CHAIR:** Anne Lees welcomed everyone to the AGM and read the Aims of the Group which are:

1. *To offer the older members of the community in Illingworth & Bradshaw and surrounding areas a range of activities and classes.*
2. *To offer members opportunities:*
  - a) *For Social interaction;*
  - b) *To Promote wellbeing and good health;*
  - c) *To Share knowledge and skills.*
3. *To reach out to the older community and to be inclusive and accessible to all.*

**2. APOLOGIES FOR ABSENCE:**

**From Group Members:** Shirley Barstow, Roger Merriman, Sue Mitchell, Julie Pickard, Lilian Rawnsley, Anne Ryan & Georgie Stirrat.

**From Invited Guests:** Sue & George Watson (High Five), Rev Paul Welch, Paula Prosser, Cllr Lisa Lambert, Karen Scanlon & Helen Enevoldson.

**3. MINUTES OF THE FIFTH AGM HELD ON 20TH SEPTEMBER 2016:**

Copies of the Minutes had been circulated to all members and copies were available at the meeting. The Chair asked if everyone had seen a copy and asked for a proposer and a seconder that the Minutes were a true record of the meeting. Proposed by Jean Butler, seconded by Brian Sinnett.

**4. SECRETARY'S REPORT:** Irene Mulhall read the Secretary's Report. Proposed by Gordon Heron, seconded by Jan Hancock that the report be accepted.

**5. TREASURER'S REPORT:** Rita Parkin read the Treasurer's Report which showed the group had a balance of £8,819.13. Sue Merriman proposed and Jean Coles seconded that the Treasurer's Report be accepted.

**6. ELECTION OF OFFICERS AND COMMITTEE:** At this point all the Committee stood down. Nomination forms had been circulated widely at all the activities requesting that people either nominate themselves or someone else to serve on the Committee. There were ten places on the Committee and only nine nomination forms had been submitted therefore there was no need for an election. Anne Lees read out the names of the nine nominated people who were: Jan Hancock, Anne Lees, Sue Merriman, Irene Mulhall, Rita Parkin, Julian Patrick, Lilian Rawnsley, D. Anne Robinson and Brian Sinnett. Positions on the Committee would be delegated at the first Committee Meeting. Acceptance of the above was agreed unanimously.

**7. ANY OTHER BUSINESS:**

Anne Lees asked for suggestions from members for a Charity we could support for the coming year. No verbal suggestions were given but at the close of the meeting the only suggestion given to the Secretary was that of The Royal British Legion, Haig House, 199 Borough High Street, London SE1 1AA.

The Meeting closed at approximately 2.25 p.m.

**8. DATE OF NEXT ANNUAL GENERAL MEETING: Tuesday, 18th September 2018 at 3.15 pm** (*following the Line Dancing to avoid the lesson being cancelled*).

-----Chair

*Terry Melia and David Parkin (member), Trustees of the Illingworth Gaol Project gave an interesting, illustrated talk updating everyone on the project. They were thanked by Anne Lees.*